Audio description (AD): 58 year old Gordon sits in a changing room facing the camera.

Well, I guess lawn balls has been in my blood.

My father played, my grandfather played, and eventually I became pretty good as well.

But when both my retinas detached, I thought that's it game over.

AD: Gordon polishes his bowls and ties his shoes.

And I never thought I’d set foot on a bowling green again.

I was a plumber at the time, and of course, that came to an end.

AD: Gordon steps down to the Bowling Green.

I thought I'd retired from bowls as I didn't think I'd be able to join in like I used to.

AD: He picks up a bowl and starts to play.

Then a friend asked me to rejoin the club and start playing bowls again, I was very skeptical at the time, but I thought, I'll give it a go.

Although it was great being back with my friends and being part of the banter, it was very hard for me to play against fully sighted people.

It just wasn't the same as it used to be.

I wasn't aware that the game could be adapted for people with visual impairment until I saw bowlers playing the game in the Commonwealth Games in Scotland.

AD: Gordon enjoys tea with his teammates.

That inspired me to get in touch with the Swansea Visually Impaired Bowls Club.

My first visit was a total revelation.

Meeting up with all these new people, listening to the jokes, having fun with them, and being so, so supported by all of them.

It gave me so much enjoyment and so much more confidence.

AD: Gordon plays a game with other blind and partially sighted players.

I now go down to Swansea twice a week, despite a 120 mile round trip which means I have to negotiate a bus and a train, but, boy, it's totally worth it to be back playing the game that I thought I'd lost forever.

Even though the sight in my right eye has totally disappeared and I only have 8% in my left eye, I still travel around the country to play the game I love and meet up with old friends and I've made many, many new friends along the way.

AD: The players shake hands and talk after the game.

I'm also proud to say that my daughter has now joined my club this year.

AD: Gordon and his daughter are pictured.

And become the fourth generation of bowler in my family.

And yes, I do have to admit that she has beaten me on the odd occasion.

AD: Gordon walks down the Bowling Green and smiles.

I can't believe that I thought that my bowling days were over.

But having it back has reopened my whole world.

As I've always said, if you put the effort in, there is absolutely nothing that can't be achieved.

Start your own journey today.

Take the See Sport Differently quiz, to find an activity that's right for you.

See Sport Differently in partnership with RNIB and British Blind Sport funded by Sport England and the National Lottery.