# Excerpt from questions to ask at the eye exam podcast - transcript

It can be stressful going for an eye examination, especially if you’re living with dementia or a stroke survivor or have other complex needs. So I think we should mention that you can get a domiciliary visit, that's when the optometrist comes to your own home and carries out the eye examination there, and that can reduce some of the stressful elements. You can be eligible for that if you have a mobility problem or another health issue. So that could be an option.

The other thing at the appointment there’s lots of information to take in. It can be stressful, as I said before, and also, you’re probably thinking about what glasses are you going to choose. So sometimes you might find you came out of the appointment and thought, oh, I wish I’d asked that question or I wish I'd told the optometrist about this. So hopefully with some of the tips we are sharing today, that you will feel a bit more confident.

Document ends.