Ten tips to help you communicate with a person with sight loss

working together

RNIB Supporting people with sight loss  Action for blind people
Ten tips to help you communicate with a person with sight loss

1. Gain the person’s attention by speaking first and/or by a gentle touch on the arm.
2. Introduce yourself and what you do.
3. Always talk to the person directly, rather than their sighted companion.
4. In a group conversation, always make it clear who you are and who you are speaking to.
5. Use verbal responses, avoid nods and head shakes.
6. Verbalise your actions.
7. Inform people when you are moving away from them or leaving the room.
8. Remember if someone is blind, it doesn’t always mean they have no sight at all.
9. Ask if guidance or support is required.
10. Provide information in an alternative/accessibile way - audio, large print or braille.