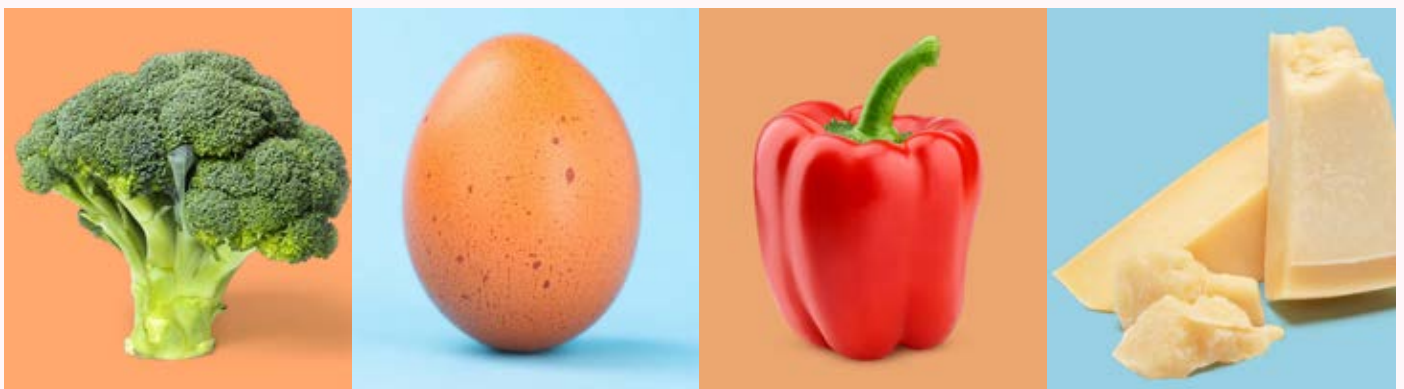


A guide to Brakes Food Shop Home Delivery Service – A handy guide to our product range

During the coronavirus outbreak, some customers with sight-loss have found it challenging when shopping in-store and getting on-line delivery slots. Working together with RNIB, we've introduced a new dedicated phone line to get groceries delivered straight to your door.

Food Shop offers you the food you need in one place with over 6,000 products across fresh, frozen, food cupboard and household items. The range includes convenient pre-packed everyday essentials, fresh fruit and vegetable boxes, as well as vegan, vegetarian, gluten-free and dairy-free alternatives.

Our pack sizes are bigger than the supermarkets, but most essential items do come in a variety of pack sizes to choose from. To help with this, we've pulled together this list of everyday essential products in the pack sizes we think you'll find most convenient and comparable with what you'd find at your local supermarket.



If you can't find what you need on the list, you can also shop from the full product range on brakesfoodshop.co.uk

Contents

Fresh Produce • Meat • Dairy • Bakery • Ready Prepared Meals • Store Cupboard • Snacks • Drinks • Sundries

Fresh Produce

Code	Description	Pack Size	Price
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Fruit			
C 77042	Fairtrade Bananas	1 x 10	£2.77
C 10265	White Seedless Grapes	1 x 500g	£2.92
C 10266	Black Seedless Grapes	1 x 500g	£2.62
C 10312	Large Oranges	1 x 5	£2.62
C 450531	Red Apples	1 x 8	£1.79
C 450528	Golden Delicious Apples	1 x 8	£3.07
C 450106	Golden Delicious Apples	1 x 16	£9.82
C 450102	Granny Smith Apples	1 x 16	£9.90
C 114231	Pears	1 x 8	£2.54
C 114221	Mangoes	1 x 2	£2.99
C 10289	Honeydew Melon	1 x 1	£2.92

Salad			
C 10364	Red Cherry Tomatoes	1 x 250g	£1.12
C 12068	Yellow Cherry Tomatoes	1 x 250g	£1.42
C 450671	Beef Tomatoes	1 x 5	£3.29
C 10230	Cucumber	1 x 1	£0.97
C 10228	Celery	1 x 1	£1.04
C 10231	Iceberg Lettuce	1 x 1	£1.57

Vegetables			
C 105129	Beetroot Longlife	1 x 500g	£0.82
C 13007	Red Peppers	1 x 5kg	£11.92
C 10245	Mixed Peppers	1 x 3	£1.49
C 10224	Red Onions	1 x 1kg	£1.04

Code	Description	Pack Size	Price
C 450100	Baby Leeks	1 x 200g	£2.84
C 10213	Broccoli	1 x 500g	£1.12
C 10376	Cauliflower	1 x 1	£2.02
C 10467	Savoy Cabbage	1 x 1	£0.97
C 12083	Butternut Squash	1 x 1	£1.79
C 450693	Carrots (some variation in size and shape)	1 x 2kg	£1.27
C 450694	Carrots	1 x 2kg	£1.87

Potatoes

C 124182	Potato Mid Select Washed	1 x 1kg	£1.27
C 10449	Sweet Potatoes	1 x 1kg	£2.99

Meat

Code	Description	Pack Size	Price
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Cooked / Cured Meat & Poultry

C 29189	Brakes Sliced Cooked Chicken	1 x 454g (av. 35 slices)	£6.29
C 74704	Brakes Sliced Ham	1 x 454g (av. 16 slices)	£7.19
C 29177	Brakes Sliced Ham	1 x 454g (av. 17 slices)	£7.57
C 29178	Brakes Sliced Honey Roast Ham	1 x 454g (av. 12 slices)	£7.04
C 29186	Brakes Wafer Thin Sliced Ham	1 x 454g	£5.84
C 29187	Brakes Wafer Thin Smoked Ham	1 x 454g	£5.84
C 29191	Brakes Wafer Thin Honey Roast Ham	1 x 454g	£6.74
C 111366	Brakes British Wiltshire Cured Ham	1 x 454g (av. 8 slices)	£7.19
C 70016	Brakes Wafer Thin Pastrami	1 x 454g	£8.77
C 118726	Scotch QMS Beef (Scotland Only)	1 x 454g	£9.00

Chilled Fish & Seafood

C 71083	M&J Seafood D-Sliced Oak Smoked Salmon – skinless & boneless	1 x 500g	£13.50
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Chilled Butchered Poultry

C 70945	Prime Meats British Diced Skinless Chicken Breast & Leg	1 x 2.5kg	£15.45
C 16813	Prime Meats British Skinless Chicken Breast Fillets	10 x 115-135g	£12.60
C 84380	Prime Meats British Chicken Breast Fillets	10 x 140-170g	£14.77
C 84379	Prime Meats British Chicken Breast Fillets	10 x 170-200g	£16.95

Code	Description	Pack Size	Price
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Chilled Processed Meat

C 70197	Prime Meats British Pork Sausage Eights	3 x 8 x 57g	£8.55
C 77816	Prime Meats British Cumberland Pork Sausage Sixes	2 x 6 x 76g	£10.65
C 122655	Prime Meats Gluten Free British Pork Cumberland Sausage Eights	1 x 2kg	£15.22
C 70071	Brake Rindless Bacon Back	1 x 2.27kg	£8.79
C 70116	Prime Meats Unsmoked Horseshoe Gammon Steaks	5 x 170g	£10.65
C 74068	Brakes British Beefburgers	3 x 4 x 170g	£18.00

Chilled Butchered Meat

C 74770	Prime Meats British Pork Loin Steaks	2 x 5 x 170g	£25.35
C 71662	Prime Meats 10% Fat Scotch Beef Mince	1 x 2.5kg	£18.75
C 107523	Prime Meats 20% Fat Beef Mince	1 x 1kg	£6.89
C 107524	Prime Meats British Diced Beef Chuck Steak	1 x 1kg	£7.72

Dairy

Code	Description	Pack Size	Price
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Milk

C 71502	Brakes Fresh Skimmed Milk	1 x 2.27ltr	£1.79
C 72051	Brakes Fresh Semi Skimmed Milk	1 x 2ltr	£1.79
C 74454	Freshways Organic Semi Skimmed Milk	1 x 2ltr	£2.17
C 20663	Cravendale Purfiltre Semi Skimmed Fresh Milk	1 x 2ltr	£2.17
C 70218	Brakes Fresh Semi Skimmed Milk	1 x 2.27ltr	£1.79
C 70324	Brakes Fresh Semi Skimmed Milk	6 x 2.27ltr	£10.12
C 70219	Brakes Fresh Whole Milk	1 x 2.27ltr	£1.79
C 74455	Fresh Organic Whole Milk	1 x 2ltr	£2.17
C 19665	Viva Long Life UHT Semi Skimmed Milk	12 x 1ltr	£10.65
C 25002	Brakes Evaporated Milk	1 x 410g	£1.19
C 4515	Brakes Full Cream Sweetened Condensed Milk	1 x 397g	£1.64

Cream

C 18502	Brakes UHT Aerosol Cream	1 x 500g	£2.32
C 71814	Yew Tree Double Cream	1 x 568ml	£5.24
C 15946	Brakes Crème Fraîche	1 x 1kg	£5.62

Yoghurt

C 74766	Rachel's Organic Greek Style Vanilla Yogurt & Granola Breakfast Pot	6 x 135g	£4.49
C 71954	Ubley Low Fat Fruit Mixed Case Yogurt (Peach, Raspberry, Strawberry)	12 x 115g	£2.77
C 74746	Müller Thick & Creamy Smooth Yogurt Assorted (Toffee, Peach, Strawberry)	12 x 110g	£3.07

Code	Description	Pack Size	Price
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Butter

C 74826	Brakes Unsalted Butter	1 x 250g	£1.57
C 74827	Brakes Salted Butter	1 x 250g	£1.57

Cheese

C 27544	Brakes Grated Mild White Cheddar	1 x 1kg	£6.14
C 71268	Brakes Grated Mature White Cheddar	1 x 1kg	£6.14
C 71731	Brakes Mature White Cheddar Cheese (25) Slices	1 x 500g	£6.67
C 122000	Violife Mature Vegan Grated	1 x 500g	£4.12
C 33603	Brakes Mixed Cheese Portions (Cheddar, Red Leicester, Double Gloucester)	50 x 20g	£14.77

Bakery

Code	Description	Pack Size	Price
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Bread

F 102444	La Boulangerie Thick Square Sliced White Loaves	8 x 800g	£11.02
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Sweet Bakery

A 111631	Brakes Butter Flapjack	1 x 18	£16.20
A 87554	La Boulangerie Butter Flapjack	1 x 24	£17.55
A 111632	La Boulangerie Blueberry Tulip Muffin	1 x 24	£28.50

Baking Mixes & Ingredients

A 657	Plain Muffin & Cake Mix	1 x 3.5kg	£7.57
A 113354	Brake Flapjack Mix	1 x 3.5kg	£10.65

Ready Prepared Meals

Code	Description	Pack Size	Price	V
Vegetarian dishes				
F 32726	Brake Broccoli & Cheese Bake	12x400g	£23.33	V
F 119625	Brake 3 Cheese Macaroni	14x400g	£32.25	V
F 32693	Brake Spinach & Ricotta Cannelloni	12x400g	£24.90	V
F 32928	Brake Roasted Veg Lasagne	12x400g	£25.65	V
F 126216	Brake Mushroom Risotto	12x350g	£27.53	V
F 34362	Brake Chickpea Potato Spinach Curry	1x12	£32.70	V
F 126221	Brakes Butternut Gobi Dhansak	12x350g	£21.37	V
F 126222	Brake Jackfruit Balti	12x300g	£27.30	V
F 32887	Brake Thai Red Vegetable Curry	12x325g	£22.50	V
Chicken dishes				
F 32881	Brake Thai Green Chicken Curry	12x350g	£32.93	
F 34359	Brake Chicken Korma	12x300g	£24.00	
F 34360	Brake Chicken Murgh Makhani	12x300g	£24.23	
F 32876	Brake Chicken Tikka Masala	12x350g	£31.13	
F 32879	Brake Chicken Jalfrezi	12x350g	£31.43	
Beef dishes				
F 1561	Brake Chilli Con Carne	12x325g	£21.45	
F 118321	Brake Beef Lasagne	12x400g	£29.18	
F 32884	Brake Beef Madras	12x350g	£31.43	
Other dishes				
F 124128	Brakes Fish Pie	12x450g	£37.50	
F 32883	Brake Lamb Rogan Josh	12x350g	£46.43	
F 30526	Halal ICM Selection	24x350g	£48.98	

Store Cupboard

Code	Description	Pack Size	Price
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Breakfast Cereals

A 28676	Quaker Oat So Simple Original Porridge Pot	8 x 45g	£7.49
A 28678	Quaker Oat So Simple Golden Syrup Porridge Pot	8 x 57g	£7.49
A 113565	MOMA Porridge Plain (no added sugar)	1 x 12	£14.10
A 105953	Brakes Corn Flakes	8 x 500g	£10.12
A 102608	Kellogg's Bran Flakes	4 x 500g	£8.70
A 102615	Kellogg's Rice Krispies Bag Pack	4 x 400g	£9.22

Sugar & Jam

A 103135	Tate & Lyle Fairtrade Granulated Sugar	1 x 2kg	£5.09
A 22397	Hartley Best Strawberry Jam	6 x 340g	£9.42

Dry Store Desserts

A 101319	Ambrosia Rice Pudding Pot	6 x 120g	£3.74
A 107536	Ambrosia Custard Pot	12 x 120g	£7.57

Canned

A 21211	Brakes Peach Halves in Light Syrup	1 x 820g	£1.27
A 15136	Brakes Baked Beans in Tomato Sauce	1 x 840g	£1.34
A 1050	Brakes Cannellini Beans in Water	1 x 800g	£1.72
A 22724	Brakes Butter Beans in Water	1 x 800g	£2.17
A 10143	Brakes Red Kidney Beans in Water	1 x 800g	£1.57
A 127138	Brakes Red Kidney Beans in Water	12 x 400g	£8.32
A 10787	Brakes Borlotti Beans In Water	1 x 800g	£1.42
A 19839	Brakes Chopped Tomatoes in Tomato Juice	1 x 800g	£1.57
A 85774	Pizza Topping	1 x 800g	£1.57
A 100171	Brakes Black Eye Beans	1 x 800g	£2.02

Code	Description	Pack Size	Price
A 28283	Brakes Tuna in Brine	2 x 800g	£4.23

Condiments & Pickles

A 109441	Hudson's Real Mayonnaise (Squeezy Bottle)	1 x 1ltr	£1.79
A 112724	Blue Dragon Sriracha Hot Chilli Sauce	1 x 700ml	£3.44

Oil

A 33889	Veraneo Olive Oil	1 x 2ltr	£8.92
A 100262	Veraneo Extra Virgin Olive Oil	1 x 2ltr	£9.67

Sauces

A 87862	Blue Dragon Teriyaki Sauce	1 x 1ltr	£5.62
A 88645	Blue Dragon Hoisin Sauce	1 x 1ltr	£3.67
A 115072	Amoy Coconut Milk	12 x 400ml	£15.00

Rice Pasta & Noodles

A 4974	Pot Noodle Chicken & Mushroom Standard	12 x 94g	£14.17
A 87542	Medium Egg Noodles	4 x 250g	£4.34
A 8116	Brakes Italian Tagliatelle	6 x 500g	£7.72
A 124869	Garofalo Gluten Free Penne Rigate	1 x 400g	£1.49

Snacks

Code	Description	Pack Size	Price
Snacks & Confectionery			
A 10317	KP Ready Salted Crisps	48 x 25g	£18.08
A 115408	Walkers Cheese & Onion Crisps	32 x 32.5g	£12.71
A 118300	Brakes Digestive Biscuits	8 x 300g	£8.62
A 85586	Hill Original Digestive Biscuits	24 x 300g	£28.73
A 1112	Nestlé 2 Finger KitKat	1 x 72	£23.99

Drinks

Code	Description	Pack Size	Price
Cold drinks			
A 28625	Harrogate Spring Water Still 500ml	24 x 500ml	£6.29
A 105487	Harrogate Spring Water Still 500ml	24 x 500ml	£6.29
A 129749	Capri Sun Orange	4 x 8 x 200ml	£12.30
A 100243	The Juice Orange Juice (Easy-pour, Resealable Cartons)	12 x 1ltr	£8.59
A 100244	The Juice Apple Juice (Easy-pour, Resealable Cartons)	12 x 1ltr	£10.27
A 103451	San Pellegrino Orange 330ml	24 x 330ml	£10.27
A 103452	San Pellegrino Lemon 330ml	24 x 330ml	£10.27
A 743	Diet Coke 330ml Can	24 x 330ml	£8.89
A 742	Coca-Cola Original Taste 330ml Can	24 x 330ml	£10.79

Tea & Coffee			
A 88283	Twinings Everyday Envelope Tagged Teabags	6 x 50	£19.20
A 89921	PG Tips 200 Enveloped Tea Bags	1 x 200	£8.17
A 101347	Nescafe Gold Blend Instant Coffee Sachets	1 x 200 (1.8g)	£17.70

Sundries

Code	Description	Pack Size	Price
Food Preparation & Storage			
A 15513	Migi Cling Film cutter box 30cm x 300m (PVC)	1 x 1	£6.65
A 15515	Migi Aluminium Foil Cutter Box 50cm x 75m	1 x 1	£5.49
Bin Liners			
A 89918	Swing Bin Liners(Medium Sized 30l-50l Bin) 330 x 584 x 736mm	1 x 100	£1.64
Toilet Rolls			
A 10524	Migi 2 Ply White Mini Jumbo Toilet Rolls (200m)	1 x 24	£20.15

Important Information

Products are subject to availability - please speak our Customer Care team or check the website for any changes to our recommended list and any price changes: brakesfoodshop.co.uk

Remember to make sure you give our Customer Care team your email address and each week we will send you special offers on a wide range of great Brakes products as well!

To find out more, or to place your order, please call our Customer Care team on **0344 873 8558**. Our lines are open between 9am and 4pm Monday to Friday.