People of working age Wales
RNIB Evidence-based review
Blind and partially sighted people come from every section of the community and sight loss affects people of all ages. Each is a unique individual. However there are some common issues and challenges that affect blind and partially sighted people in particular age groups.

This review looks in detail at the experience of blind and partially sighted people of working age in Wales. It includes a profile of this group, the policies that govern their employment and economic circumstances, and a commentary on what the evidence tells us.

Where relevant it includes reference to devolved legislation but also includes a wider UK evidence base.
Profile

Population
There are just over 4,000 registered blind and partially sighted people of working age in Wales, compared with just over 84,000 in the UK overall.

Figures for UK are:

- **Scotland**: 8,061 [2]
- **England**: 70,760 [1]
- **Wales**: 4,266 [3]
- **Northern Ireland**: 1,500 (estimate only, based on average for rest of UK).

According to the Labour Force Survey, around 170,000 people of working age in the UK have a self-reported “seeing difficulty”. This includes people whose sight loss would not be eligible for registration, but which is still of sufficient severity to affect their everyday lives. (It also includes those who do not consider themselves as disabled.) Of those, 111,000 are described as being “long-term disabled with a seeing difficulty” [4].

Acquired sight loss
An indication of the number of people of working age losing their sight each year can be inferred by the number of new registrations. Figures are not published for Wales, but wider evidence indicates that in England, around 4,200 people of working age were newly registered as blind (severely sight impaired) or partially sighted (sight impaired) in the year ending March 2014 [1].
Diabetes is one of the leading causes of avoidable sight loss among the working age population in the UK. This is partly attributable to the high incidence of the disease, and its causal link with sight loss. People with diabetes are 10 to 20 times more likely to lose their sight than people without diabetes [5].

The risk of developing retinopathy and other diabetic eye diseases can be reduced if diabetes is properly managed, and people attend a regular screening programme to detect early signs of eye disease.

However, for the first time in at least five decades, it appears that diabetic retinopathy / maculopathy may no longer be the leading cause of certifiable blindness among working age adults in England and Wales. New evidence suggests that inherited retinal disease appears to represent the commonest cause of certification in the working age population. This has clinical and research implications, including with respect to the provision of care and resources in the NHS and the allocation of research funding [6].

**Household income**
People with sight loss of working age are much more likely than those with no impairment to face great difficulty making ends meet [7].

People with sight loss are less likely to be high earners and more likely to be on a low income. People with sight loss of working age are around twice as likely than the general population to be living in a household with an income of less than £300 a week [8].

- For those aged 16-44, people with sight loss were twice as likely as those with...
no impairment to live in a household with an income of less than £300 a week (32 per cent compared to 14 per cent) [8].

• For those aged 45-64, people with sight loss were nearly three times as likely as those with no impairment to live in a household with an income of less than £300 a week (43 per cent compared to 15 per cent) [8].

Findings from RNIB’s My Voice survey show that, amongst registered blind and partially sighted people, people of working age consider themselves to be much worse off financially than older people.

This may be related to the fact that only around one in four of this group are in employment.

The survey shows that:

• 46 per cent of people of working age could not afford to pay for a week’s holiday away from home, compared to 18 per cent of people of pension age.
• 46 per cent of working age people could not afford to pay for an unexpected but necessary expense of £500, compared to 20 per cent of people of pension age.

15 per cent of people of working age could not afford to keep their house adequately warm, compared to six per cent of people of pension age [9].

**Employment**

Blind and partially sighted people are significantly less likely to be in paid employment than the general population or other disabled people [4]. Only around a quarter of registered blind and partially sighted people of working age are in paid or self employment, compared with around three quarters of the UK general population. There has been a significant decrease in the proportion of registered blind and partially sighted people of working age in any form of employment over the last decade from one in three in 2005 to around one in four in 2015 [9].

<table>
<thead>
<tr>
<th>Age range</th>
<th>People with sight loss</th>
<th>No impairment</th>
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<tr>
<td>16 – 44</td>
<td>32%</td>
<td>14%</td>
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<tr>
<td>45 – 64</td>
<td>43%</td>
<td>15%</td>
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The UK government is committed to halving the disability employment gap.
Policy context
Employment and social security have not been devolved to Wales, and consequently policy in these areas are directed by the UK government.

Equality Act
In 2010, the Equality Act replaced the 1995 Disability Discrimination Act, as the main piece of legislation covering the employment of blind and partially sighted people [10]. It protects against unfair dismissal on the grounds of disability, and covers issues such as recruitment, retention, terms of employment, reasonable adjustments, and provision of accessible information.

Policy reviews
Policy around employment was shaped during the last government by a series of reviews into the employment, health and benefits status of disabled people of working age. Those affecting the lives of blind and partially sighted people of working age include the following:

- Getting in, staying in and getting on. In her 2011 report to the UK government, Liz Sayce reviewed disability employment support, access to benefits, and the connection between employment and health [11].
- Working for a Healthier Tomorrow. In her 2011 independent review of sickness absence, Dame Carol Black reviewed the health of Britain’s working age population, and made the connection between long-term health problems and employability. She identified a lack of access to occupational health provision as one of the issues preventing employees returning to work. The UK government accepted her recommendation to introduce an independent Fit For Work service to help employees on sick leave get back to work [12].

The current UK government is committed to ‘halving the disability employment gap’ (that is, the difference in the rate of joblessness between disabled and non-disabled people), and intends to set out its plans in a white paper in 2016. The spending review in Autumn 2015 announced a real terms funding increase to help people with disabilities return to and remain in work [13].
Strategy and policy campaigns

Fulfilling Potential

‘Fulfilling Potential’ is the UK government’s main disability strategy for people of working age. A series of five reports look at building a deeper understanding of disability in the UK today, and considers new ways to enable disabled people to realise their potential, and implement the United Nations Convention on the Rights of Disabled People [14]. The Welsh Assembly has its own arrangements in place to meet the obligations of the UN Convention on the Rights of Disabled People, where those obligations are devolved.

Disability Confident

Recognising that employers are crucial to improving employment outcomes for disabled people, the UK government’s Disability Confident campaign is aimed at supporting employers to try and remove barriers that disabled people face at work [15].
Case study
Stephanie Abell, human resources assistant

My name is Stephanie and I have been partially sighted all of my life. I went to mainstream school and got 11 GCSEs before going on to sixth form to complete my A-levels. I completed A-levels in applied business and ICT and did an accountancy course at college in the evenings.

Having completed my studies I found employment in the hospitality industry. I managed to get by without any support there – in fact, I didn’t even know at that point that I was entitled to support within work.

At the same time, I volunteered to work at Raglen Music Festival and became the director of the event. Through the volunteer work I did, I was able to showcase my talent and potential and met a contact who gave me the opportunity to undertake a career in the area I was qualified in.

I now work as a human resources assistant where I plan and manage the advertising of vacancies and run the administration for the company. When I started working there, my rehabilitation officer told me about the Access to Work scheme which entitles me to support. I was able to get screen reading software which helps me do my job far more efficiently. The best thing was finding out that I was entitled to get help towards travel to and from work and that I could get money from the scheme to pay for taxis or a friend to drive me. I never knew about this before and it had really hindered my job search because I thought I was limited to a ten mile radius.

Having this support free of charge has had a huge impact on the independence I can achieve in terms of employment. I’m really happy in my work and am now on a path which allows for career progression and job satisfaction and if that wasn’t enough, I even bought my own house with my fiancé last year. It’s fantastic.
I’d encourage anyone reading this to always be honest and open about their sight loss and find out what support you can get within work because accepting support, whether it’s a taxi to and from work or the purchase of some screen reading software, allows you to be more independent and properly showcase the work you are capable of. It’s far better to be open and honest rather than sit there struggling and this approach has always worked for me. Nothing is impossible and there is always support to help you overcome any sight related issue – you just need to use it.
Services and support

**Employment support services**
Support for disabled people to find and stay in work is typically provided via one of several schemes funded by the Department for Work and Pensions (DWP). The services are mostly contracted to a small number of prime providers and their supply chain of subcontractors. However, sight loss is a low incidence disability, and pan-disability service providers may not necessarily have the specialist expertise to support blind and partially sighted people.
**Key professionals**
The majority of employment services for blind and partially sighted people are delivered by non-specialist, pan-disability organisations. Key professionals working within this group are:

Disability Employment Advisers employed by Jobcentre Plus, who refer people with disabilities to the right services and support programmes to find work and develop skills.

- Employment Support Allowance (ESA) Advisors provide information and advice for disabled people in Wales, who are in receipt of Employment Support Allowance.

- Access to Work Advisers employed by Jobcentre Plus, who provide practical and financial support for disabled people and their employers to overcome work-related obstacles resulting from a disability.

- Private and voluntary sector employment advisers who support disabled (and non-disabled) people into work. This “welfare to work” industry is financed by the various government schemes supporting long-term unemployed people back to work. Many are members of the Employment Related Services Association (ERSA), an umbrella organisation for the industry that supports an increased professionalisation of the workforce.

- Occupational health and work-based assessment providers who determine the impact of a health condition or disability upon a person’s ability to perform at work, and can make recommendations for workplace adjustments.

- HR professionals working for employers who determine their organisation’s employment policies and practices around disability.

- Sight loss advisers, including Eye Clinic/Care Liaison Officers (ECLOs) and Vision Support Officers (VSOs) provide emotional and practical support, and are often the first point of contact for someone losing their sight.

- Rehabilitation workers provide mobility training and rehabilitation support for people who have recently lost their sight, and are typically employed or contracted by local authorities.
Employment support in Wales

Contrary to education provision, responsibility for employment has not been devolved to the Welsh Government, which means that most of the provision in Wales reflects UK government priorities. However, access to Wales-specific Big Lottery funding streams and European funding has meant that there are specialist programmes to target employment opportunities for disadvantaged groups.

RNIB Cymru has, for instance, gained funding through the Bright New Futures Big Lottery stream that has enabled the development of an exemplary scheme to provide work experience – and subsequent employment opportunities – for young people with sight loss. RNIB Cymru provides information to young people with sight loss, and their parents / carers, to ensure that they are aware of government-funded support programmes such as Disabled Students’ Allowance and Access to Work.

Careers Wales is the organisation responsible for providing information to all young people across Wales, including those with disabilities. Young people over the age of 16 have a range of opportunities available including continuing in education and entering apprenticeships or traineeships. Information about all these services and Jobs Growth Wales can be accessed from the Careers Wales website [16].

Paid work experience, potentially leading to full time employment, is available through the Jobs Growth Wales scheme, which offers an initial six month funded placement for young people aged 16-24. The Welsh Government reimburses the National Minimum Wage to employers for 25-40 hours per week for a 26 week period.

The Redundancy Action Scheme (ReAct) is a Welsh Government programme providing funding for re-training. Up to £1500 can be awarded to those eligible to help them acquire training to get the skills they need to gain employment or become self-employed.

UK government programmes for supporting long-term unemployed people into work are currently under review, with service delivery contracts being renewed in 2017.
Charities such as RNIB, Action for Blind People, and Thomas Pocklington Trust often make up for the inadequacy of statutory services to properly support blind and partially sighted people to find and keep work. Last year alone, the RNIB group of charities supported over 600 blind and partially sighted people to find work or keep their job [17], with very little access to the statutory funding allocated to employment support services in Wales.

Work Programme
The Work Programme is the UK government’s main programme to support long-term unemployed people back to work in England, Scotland and Wales. Of the 1,010 blind or partially sighted people enrolled on the programme between June 2011 and March 2014, it helped just 60 (approximately six per cent) into paid employment [18].

A Work and Pensions Select Committee report entitled “Can the Work Programme work for all user groups?”, concluded that the Work Programme is not providing incentives to contracted providers to support those with more challenging barriers to employment (for example blind and partially sighted people) [19].

Work Choice
Work Choice is a DWP programme that provides a specialist employment service for disabled people and their employers across Great Britain via a network of prime providers and sub-contractors.

Between April 2011 and March 2015, 2,830 people whose primary disability was described as “visual impairment” have been referred to the Work Choice programme. Of those, 2,070 started on the programme and 840 have achieved a job outcome [20].
Access to Work
Access to Work (AtW) is a DWP scheme that provides practical and financial support for blind and partially sighted people in work, and those starting a new job.

In the year 2014–15, AtW provided support to 5,220 people whose primary medical condition was “difficulty with seeing.” This is a similar figure to the previous year, and is 3 per cent higher than the average for the past five years [21].

In the year 2013-14, just over £23,000 was awarded in AtW grants to people whose primary medical condition was “difficulty with seeing.” This represents approximately 22 per cent of the overall grant spend.

A recent study carried out for RNIB by the Centre for Economic and Social Inclusion concluded that the overall benefits of AtW to society outweigh its costs by a considerable margin including that which assists blind and partially sighted individuals, demonstrating that AtW is a beneficial form of public spending [22].

AtW came under scrutiny by a Work and Pensions select committee in 2014, which informed an internal review being carried out at the time. Its report made a series of recommendations, which will hopefully lead to substantial improvements to the programme [23].

Fit for Work service
Fit for Work is a new service that helps employees stay in or return to work. It provides an occupational health assessment and general health and work advice to employees, employers and GPs. It is designed to complement existing occupational health services provided by employers, and aims to fill the gap in support that currently exists, especially for those employers who have limited in-house occupational health services.

Fit for Work is a GB wide service. In Wales it is provided by Health Management Limited.
Employment and Support Allowance and the Work Capability Assessment

Employment Support Allowance (ESA) is a benefit for disabled people, who are not working. In order to determine eligibility for ESA, a person must undergo a Work Capability Assessment (WCA).

Between October 2008 and December 2014 a total of 12,400 blind and partially sighted claimants completed their initial WCA. 700 of these were in Wales. Overall, 41 per cent were assessed as Fit for Work, thereby losing entitlement to ESA. 30 per cent were allocated to the Work Related Activity Group, who receive a lower rate of ESA and are expected to undertake some form of pathway to work, such as participation in the Work Programme or Work Choice. Just 28 per cent were allocated to the Support Group, which entitles them to the higher rate of ESA and exempts them from mandatory involvement with pathways into work [24]. (The figures for Wales reflect these overall percentages.)

Consequently, many blind and partially sighted people are losing their benefits and being told that they are now jobseekers or must attend ‘work-related activities’, for example the Work Programme, to try to improve their employability.

Between October 2008 and March 2014 a total of 5,000 blind and partially sighted claimants appealed their initial Fit for Work decision. Although most are still awaiting an outcome, we know that 61 per cent of those who received a response have had their appeal upheld [24].

Vision rehabilitation

Vision rehabilitation, which is often triggered by the registration process, is a key reablement service for blind and partially sighted people who need to learn a new set of skills. Securing specialist vision rehabilitation support gives people more confidence, helps with learning new skills, and makes them feel safer and helps maintain independence [25]. It also offers cost savings in terms of preventing loss of independence and reliance on other services [26].
Learning from the evidence base

Addressing barriers to the labour market

Evidence suggests that the majority of employers have a negative attitude to employing a blind or partially sighted person [27]. In addition to this, the factors that determine a blind or partially sighted person’s distance from the labour market, and whether they are ready for work include:

- being able to self-advocate to employers, explaining what workplace adjustments will be required to carry out particular roles
- confidence and competence using computers adapted with appropriate assistive technology software
- confidence and ability to travel independently using public transport
- access to information via a preferred format of braille, large print, audio or electronic information [28].

Blind and partially sighted people furthest from the labour market require intensive support and specialist interventions in key areas. These include:

- assistive technology skills
- mobility skills
- skills to communicate needs and associated adjustments to employers
- making the most of residual vision
- pre-employment training programmes, designed to meet the complex needs of blind and partially sighted people [28].

Educational qualifications

For blind and partially sighted people, holding an educational qualification is a key enabler for obtaining employment. Educational attainment has a far stronger effect on the likelihood of being in employment for registered blind and partially sighted people compared to the general population. Those with a degree or higher qualification still only have the same chance of getting a job as someone with no qualifications in the general population [29].

In 2013-14, there were 1,040 first year students in higher education in the UK described as being ‘blind or with severe visual impairment’, representing 0.14 per cent of the first year student population. Of these, 795 (76 per cent) were first year undergraduates and 245 (23 per cent) were first year post-graduates [30].
Increasing the numbers of blind and partially sighted people in employment

One way to increase the numbers of blind and partially sighted people in employment is to focus on increasing the supply of blind and partially sighted people to the labour market by building their attributes and capabilities, and increasing the demand for meaningful work by supporting creative employment opportunities [31].

Another is to support people with sight loss to keep working. 27 per cent of non-working registered blind and partially sighted people said that the main reason for leaving their last job was the onset of sight loss or deterioration of their sight. However, 30 per cent who were not in work but who had worked in the past said that they maybe or definitely could have continued in their job given the right support [29].

This can be addressed by providing blind and partially sighted people with appropriate vocational rehabilitation support, and helping employers understand the business case for job retention [32].

What the evidence tells us

A recent report into the jobs that blind and partially sighted people do showed how people with sight loss succeed in a wide variety of jobs across almost all employment sectors [33].

However, those looking for work need specialist support on their journey towards employment. In addition to barriers common with anyone out of work for a long period, blind and partially sighted job seekers have specific needs related to their sight loss [28].
Research indicates that those furthest from the labour market require a more resource intensive model of support to those who are actively seeking work. Many blind and partially sighted job seekers fall into this category [28].

The increased pressure on out of work blind and partially sighted people to join employment programmes means greater engagement in welfare to work programmes, and an increasing responsibility for prime contractors and specialist sub-contractors to meet the specific needs of blind and partially sighted job seekers.

The majority of blind and partially sighted people seeking work are not in contact with the RNIB group of charities. Sharing what we have learned from working with blind and partially sighted people, including those furthest from the labour market, will help other employment support providers to respond to the challenges facing blind and partially sighted people, and improve the quality of employment support offered. Our vision is a welfare to work industry in which all providers have the ability to support blind and partially sighted people seeking employment, and a labour market that offers an innovative range of meaningful employment opportunities.

Employment support and policies for blind and partially sighted people of working age should include:
- specialist employment programmes providing increased numbers of job outcomes and retentions
- improved referral routes to those specialist employment services for blind and partially sighted people
- increased availability of pre-employment support that meets the specific needs of blind and partially sighted job seekers
- increased awareness amongst occupational health providers and human resource professionals of specialist retention services, and referral routes established to deliver this
- an inclusive labour market that offers a range of opportunities with appropriate support
- increased awareness amongst employers and job seekers of positive role models: blind and partially sighted workers and their employers achieving successful outcomes
- criteria for benefits eligibility that fairly assesses the needs of blind and partially sighted people.
These policies will have been effective when there is a sea change in the proportion of blind and partially sighted people of working age achieving greater independence through paid employment.
References


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About our evidence

RNIB is a leading source of information on sight loss and the issues affecting blind and partially sighted people.

Sight loss data tool
Our Sight loss data tool provides local and regional facts and figures about blind and partially sighted people and those at risk of sight loss.

rnib.org.uk/datatool

Research reports
We carry out and commission a wide range of research on the issues that affect blind and partially sighted people. rnib.org.uk/research

Knowledge Exchange Network

The Knowledge Exchange Network for the Sight Loss Sector has been set up to help professionals generating and using research and information on sight loss. To find out what the network can offer, and to receive our email updates visit: rnib.org.uk/ken

For research enquiries please email research@rnib.org.uk

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