

# Exploring the spectrum of sight

**RNIB**

Supporting people with sight loss

**Did you know that 93 per cent of people who are registered blind or partially sighted can see something?**

The reality of sight loss varies for each individual, but here are examples of how someone with one of the four most common eye conditions might see.



## Glaucoma

A condition that damages your optic nerve and causes loss of side vision in the early stages and central vision in later stages.



## Cataracts

Causes your sight to become cloudy or misty and some people report dazzle at night or in bright sunshine.



## Age-related macular degeneration

Also referred to as AMD. A condition where the cells in the central part of your retina – called the macula – become damaged. It may cause distortion or loss of central vision.



## Diabetic retinopathy

Can affect the blood vessels at the back of the eye which leads to patchy loss of central or side vision.

**How I See is a community-led campaign exploring the spectrum of sight and other issues that matter to our community affected by sight loss.**

**For all the latest on How I See, visit [rnib.org.uk/howisee](https://rnib.org.uk/howisee)**

**Don't forget to share your experiences too, using #HowISee**