

Learning Disability and Sight Problems

Key health messages

There are about 1 million adults in the United Kingdom with a learning disability.

- People with learning disabilities are 10 times more likely to have serious sight problems than other people. People with severe or profound learning disabilities are most likely to have sight problems.
- People with learning disabilities may not know they have a sight problem and may not be able to tell people. Many people think the person with a learning disability they know can see perfectly well.
- 6 in 10 people with learning disabilities need glasses and often need support to get used to them.
- People with learning disabilities need to have a sight test every two years, sometimes more often. Regular sight tests and wearing glasses helps people stay healthy and get the most from life.